



## HOTEL ACTIVITY SCHEDULE

Activities	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aerial Yoga	8AM - 9AM 4.30PM - 5.30PM	8AM - 9AM 4.30PM - 5.30PM	8AM - 9AM 4.30PM - 5.30PM	8AM - 9AM 4.30PM - 5.30PM	8AM - 9AM 4.30PM - 5.30PM	8AM - 9AM 4.30PM - 5.30PM	8AM - 9AM 4.30PM - 5.30PM
Flower Decorating Class	-	-	-	-	-	5.30PM - 6.30PM	5.30PM - 6.30PM
Morning Beginner Yoga	6.30AM - 7.30AM	6.30AM - 7.30AM	6.30AM - 7.30AM	6.30AM - 7.30AM	6.30AM - 7.30AM	6.30AM - 7.30AM	6.30AM - 7.30AM
Latte Art	-	-	-	-	2PM - 2.30PM 2.30PM - 2PM 3PM - 3.30PM	2PM - 2.30PM 2.30PM - 2PM 3PM - 3.30PM	2PM - 2.30PM 2.30PM - 2PM 3PM - 3.30PM
Personal Trainer Session	9AM - 10AM	9AM - 10AM	9AM - 10AM	9AM - 10AM	9AM - 10AM	9AM - 10AM	9AM - 10AM
Mixology	-	-	-	-	3.30PM - 4PM 4PM - 4.30PM	3.30PM - 4PM 4PM - 4.30PM	3.30PM - 4PM 4PM - 4.30PM
Action Movie	-	-	-	-	7PM - 8.30PM	-	-
Family Movie	-	-	-	-	-	7PM - 8.30PM	-

Venue: Fitness Centre | Activities are suggested for adults  
 Reservation is mandatory at least one (1) day prior to selected activities  
 For more information and reservation, please contact **Guest Service Centre**

[PadmaHotelSemarang.com](http://PadmaHotelSemarang.com)

